

# Low-Cost Health Services for Farmworkers & their Families!

**Are you connected with your local health center?**

Health centers are located all over the U.S. and are available to ALL farmworkers (including H-2A/ temporary workers) and their families even if you do not have health insurance or documentation.

Health centers offer low-cost services based on income and family size.

## Health Center services can include:



**Medical treatment when sick or hurt**



**Vaccinations**



**Health education (heat stress prevention and diabetes management)**



**Mental health services**



**Medical exams & health screenings**



**Pre-natal care**



**Dental services**



**Prescription medications**

**Stay healthy and get connected to a health center near you! Most health centers have staff who speak Spanish or interpretation for other languages, and transportation to make your visit easier!**

To find your nearest health center, contact  
Call for Health at +1 (800)377-9968  
or through WhatsApp at +1 (737)414-5121,  
or by opening your phone camera over the  
QR code

