Stay healthy and get connected to a health center near you! Most health centers have staff who speak Spanish or interpretation for other languages, and transportation to make your visit easier!

**Low-Cost Health Services for Farmworkers & their Families!**

**Are you connected with your local health center?**

Health centers are located all over the U.S. and are available to ALL farmworkers (including H-2A/ temporary workers) and their families even if you do not have health insurance.

Health centers offer low-cost services based on income and family size.

**Health Center services can include:**

- Medical treatment when sick or hurt
- Vaccinations
- Health education (heat stress prevention and diabetes management)
- Mental health services
- Medical exams & health screenings
- Pre-natal care
- Dental services
- Prescription medications

Stay healthy and get connected to a health center near you! Most health centers have staff who speak Spanish or interpretation for other languages, and transportation to make your visit easier!

To find your nearest health center, contact Call for Health at +1 (800)377-9968 or through WhatsApp at +1 (737)414-5121, or by opening your phone camera over the QR code.

This publication was supported by the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $3,000,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS, or the U.S. Government.