Defying Gravity

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Uncontrolled hypertension
Unmanaged Diabetes
Obesity
Dental Caries
Patient Quotas
Unintuitive Electronic Health Systems
FUNDING
CLIFF
HELP!!!!
Access to health is everyone’s right

We focus on health, not just healthcare

Compassionate, personalized care improves outcomes

We deliver only the highest quality programs and services

We lead by example
Emotional Intelligence

- Perceiving Emotions
- Understanding Emotions
- Managing Emotions
- Using Emotions
Pick a word or action that hits you emotionally

Where do you feel it?
“Failure is an opportunity to grow”

**GROWTH MINDSET**

- I can learn to do anything I want.
- Challenges help me to grow.
- My effort and attitude determine my abilities.
- Feedback is constructive.
- I am inspired by the success of others.
- I like to try new things.

“Failure is the limit of my abilities”

**FIXED MINDSET**

- I’m either good at it or I’m not.
- My abilities are unchanging.
- I don’t like to be challenged.
- My potential is predetermined.
- When I’m frustrated, I give up.
- Feedback and criticism are personal.
- I stick to what I know.
What words do you live by?
Create a personal motto

"We must become the change we wish to see in the world."
- Mahatma Gandhi

"Life is either a daring adventure or nothing at all."
- Helen Keller

"If you're going through hell, keep going."
- Winston Churchill
How can we support each other?
Listen and when possible, laugh out loud!

Humility
is not thinking less of yourself but thinking of yourself less
- CS Lewis

...and ask questions humbly.

Share The Credit

Don't Forget to Smile!

...and when possible, laugh out loud!
Find something to LOVE about every member of your team.
Resilience
The best life lesson is to listen to everyone and learn from everyone, because nobody knows everything and everyone knows something.