

Two Types of COVID-19 Tests



PCR Test

In health centers, clinics, schools, pharmacies, etc.

With a swab from the nose or throat.

Someone will send the results in a secure way by text, phone call, or email.

Within 1-3 days.

- The PCR test is free.
- It's more accurate to detect COVID-19.

- It takes more time and effort to get a PCR test.
- You can test positive even if you are no longer contagious.

At-Home Rapid Test (Antigen)

At home or anywhere.

With a swab from the nose.

Follow the instructions of your at-home test to get your results.

15-30 minutes.

- The at-home rapid test is free.
- If you test positive, the test is accurate.
- It's fast and can be done anywhere.

- You can get a negative result even if you have COVID-19, known as a 'false negative'.
- You may need to test 1-2 days later.

Where can you take the test?

How is it collected?

How do I get results?

How long do results take?

Advantages

Limitations

What to do after you take your At-Home COVID-19 Test



If you tested Positive

- Stay home, and stay away from other people in your home for 5 days.
- Wear a snug mask covering nose and mouth for 10 days when in contact with other people.
- Let your close contacts know that they may have been exposed to COVID-19 and recommend they get tested at least 5 days after your last close contact with them if you stayed close for a total of 15 minutes in the last 24 hours.
- Let your healthcare provider know about your positive test result and stay in contact with them.
- You can leave your home after 5 full days and when your symptoms get better.



If you tested Negative

- If you do not have any symptoms (cough, fever, etc.), you probably do not have COVID-19. But, continue to be aware of any symptoms.
- If you do have symptoms, stay home, and stay away from other people in your home for 1 or 2 days and test again.
- If you have a second negative test result and your symptoms are getting better, you can leave your home.

Are you a farmworker in the United States and have questions about COVID-19 tests or need a referral to a health care provider?

Call for Health line, toll-free at: 1 (800) 377-9968 or WhatsApp to +1 (737) 414-5121

