

Important Vaccines for Farmworkers

- Of over **1,300 farmworkers surveyed by NCFH** in 2023:
 - Only 60% reported having a TD/Tdap shot in the last ten years.
 - Only 40% had been vaccinated against flu in the last year.
- Farmworkers have a **higher risk of tetanus exposure** because of their work with potentially contaminated soil, manure, or tools.
- Group housing and transportation **creates high risk** for spreading flu, diphtheria, and pertussis. Pregnant women and babies who live with farmworkers have a high risk of getting seriously ill.

TD/Tdap Vaccines

Protect against **3 different diseases**:

1. **Tetanus (T)**: Can cause serious health problems, and even death. Enters the body through open cuts or wounds.
2. **Diphtheria (D)**: Can cause breathing problems, and in some cases, fatal heart failure.
3. **Pertussis (aP)**: Can cause serious illness in all people, and is especially dangerous for babies. Also called “whooping cough”.

TD/Tdap vaccines are recommended every ten years for adults.

Flu Vaccines

Protect people from getting seriously ill from the flu. Symptoms include headaches, body aches, coughing, and fever.

- Symptoms can become severe enough to keep people from working.
- Getting a flu vaccine **reduces the risk of being hospitalized by half** for working-age adults.

Flu vaccines are recommended every year, and are normally available starting in October.

Host On-Site Vaccine Clinics

Health centers, local health departments, or pharmacies provide low-cost vaccines to their communities, and can usually come to work/housing sites. **Contact NCFH for free assistance in finding and contacting vaccine providers in your area.**



Contact NCFH's Call for Health Program
1 (800) 377-9968
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