

# THE COVID-19 VACCINE

## WHAT ARE THE SIDE EFFECTS?

### EVERYONE HAS THE RIGHT TO GET VACCINATED!

Some people will not have any side effects from the vaccine, but some people will have some side effects for a few days.

### THE SIDE EFFECTS OF THE COVID-19 VACCINES CAN INCLUDE:

- Pain, swelling, or redness in the arm where you got the shot
- Fever
- Chills
- Tiredness
- Headache
- Nausea



#### TO REDUCE THE PAIN:

Put a clean, wet towel on the place where you got the shot or exercise your arm

#### USEFUL TIPS

#### TO HELP WITH THE FEVER:

Drink lots of liquids and dress in light clothing

### WHEN TO CALL THE DOCTOR

In the majority of cases, it's normal to have fever or pain for 1-3 days after getting the vaccine. Call your doctor or health care provider:

- If the injection site on your arm gets red or becomes more sensitive after 24 hours or if the side effects don't get better after 1-3 days.



Until most people have been vaccinated against COVID-19, we still need to: use a mask, keep a distance of 6 feet or 2 meters, and wash our hands often.

Are you an agricultural worker in the United States and want to know when and where you can get vaccinated? Talk to your health care provider or call the Call for Health line at:

**1-800-377-9968** or send us a message on Whatsapp: **(737) 414-5121** 