

THE COVID-19 VACCINE

WHAT ARE THE SIDE EFFECTS?

Everyone has the right to get vaccinated!

Some people will not have any side effects from the vaccine, but some people will have some side effects for a few days.

The side effects of the COVID-19 vaccines can include:

- Pain, swelling, or redness in the arm where you got the shot
- Fever
- Chills
- Tiredness
- Headache
- Nausea



USEFUL TIPS

TO REDUCE THE PAIN:

Put a clean, wet towel on the place where you got the shot or exercise your arm

TO HELP WITH THE FEVER:

Drink lots of liquids and dress in light clothing

WHEN TO CALL THE DOCTOR

In the majority of cases, it's normal to have fever or pain for 1-3 days after getting the vaccine. Call your doctor or health care provider:

- If the injection site on your arm gets red or becomes more sensitive after 24 hours or if the side effects don't get better after 1-3 days
- Get the booster shots when you become eligible to lower your risk of getting very ill due to COVID-19.
- Wear a mask if you have had contact with anyone infected with COVID-19 or if there is a high risk of COVID-19 spread in your community.
- Get tested for COVID-19 if you feel any symptoms (cough, fever, etc.).



Are you an agricultural worker in the United States and want to know when and where you can get vaccinated?

Talk to your health care provider or call the Call for Health line at:

1 (800) 377-9968

or send us a message on Whatsapp: **+1 (737) 414-5121**



National Center for Farmworker Health
www.ncfh.org

This program is supported by the Centers for Disease Control and Prevention (CDC) of the Department of Health and Human Services (HHS) as part of a grant of \$3,000,000 with 100% provided by CDC/HHS. The contents are those of the authors and do not necessarily represent the official opinions or endorsement of the CDC/HHS or the US government.

Updated 01/2023