

Protect yourself against H5N1 bird flu

Bird flu can make us who work with cows here on the dairy farm, sick!

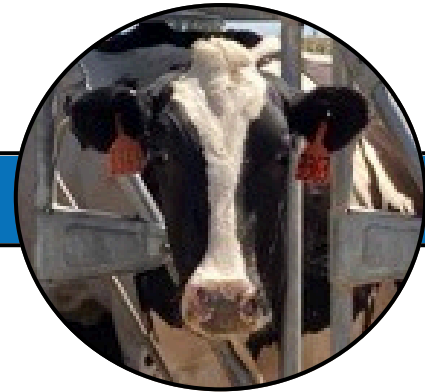


So, it is important:

1 To watch out for bird flu symptoms!

2 Get tested right away if you have symptoms!

3 Tell your doctor or nurse that you work with animals like cows or poultry!



For more information about bird flu, search for [Call for Health](#) on Facebook or contact Call for Health helpline at +1 (800) 377-9968 or through WhatsApp at +1 (737) 414-5121



NCFH
National Center for Farmworker Health, Inc.