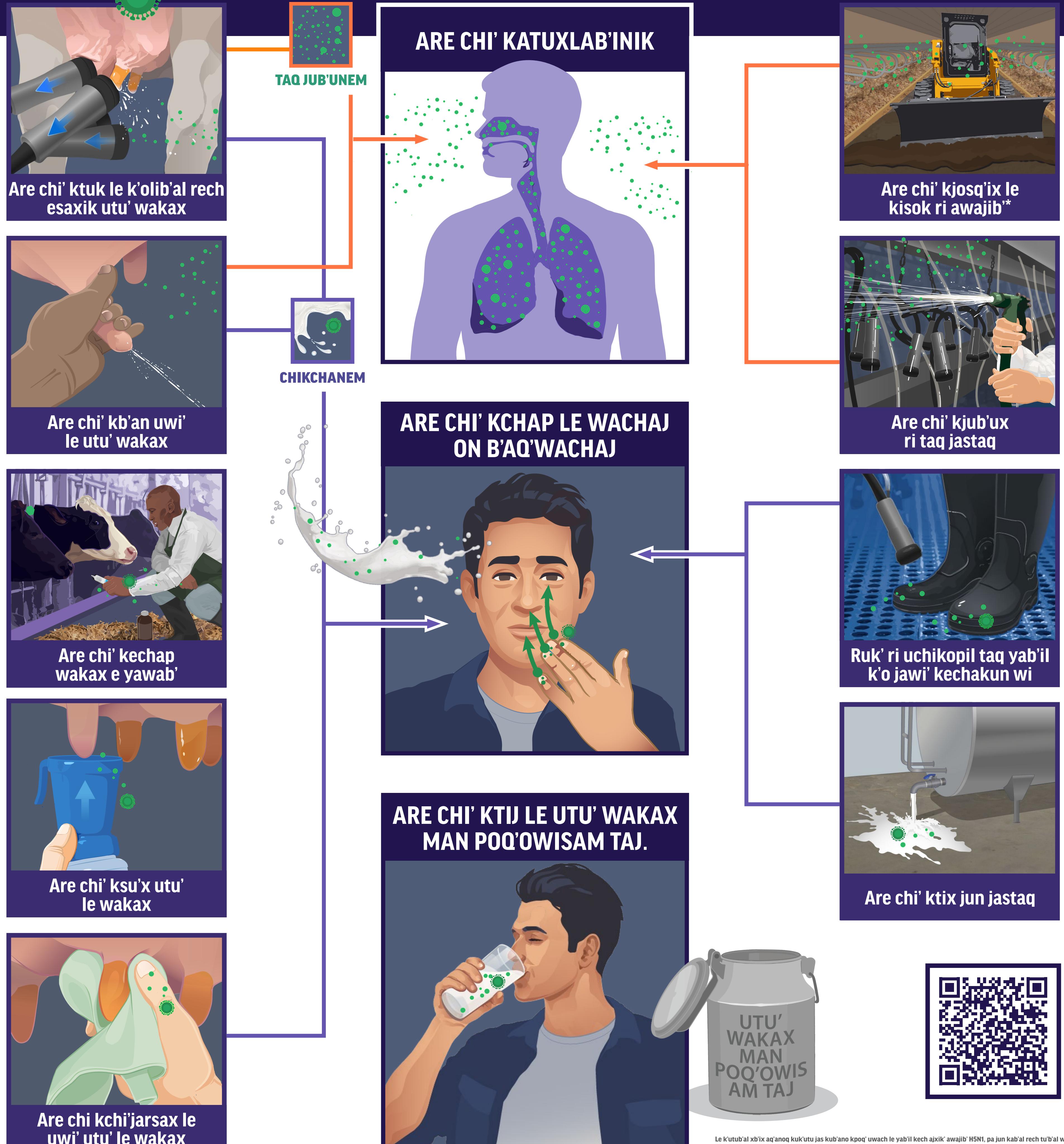


Jas kub'ano kpoq' uwach le yab'il kech ajxik awajib' H5 pa jun kab'al rech tu'b'al wakax

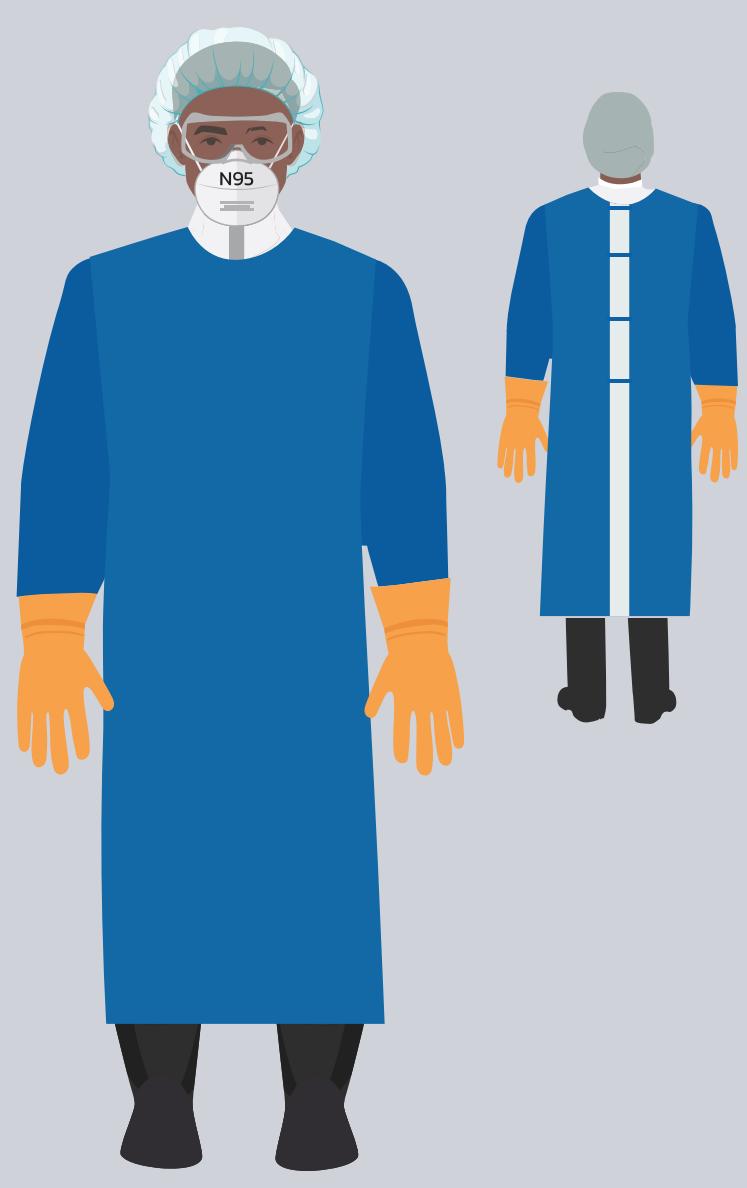


Le ajchakib' rech taq ri kab'al rech tu'b'al wakax rajawaxik kkoj ri kitasbal (EPP) kkoj nojel kajawatajik chi kech rech man kkit'iq ta kib' ruk' le yab'il kech ajxik' **awajib' H5**.

Rech kworaj kib' chi uwach le yab'il kech ajxik' awajib' H5N1.



Rech kworaj kib' chi uwach le yab'il kech ajxik' awajib' H5N1 pa jun k'olib'al chi qas rech tu'b'al wakax.



Rajawaxik kakoja tasbal awij EPP, are chi' katk'oji' chi ki naqaj on kuk' taq ri wakax ajtu'nelab', uwa'l tu' man roqowisam taj, on kuk' nik'aj awajib' chik, on jastaq, wokaj k'olib'al k'o le uchikopil le yab'il chi kij. Kata che le q'atunel jas taq ri uwach taq le tasbal' EPP utz kkojik, xuquje' rompa', jas kb'an che ukojik. Le EPP oqxa'ninaq waral utz kkojik ri'.

- Ratz'iyaqib'al jolomaj rachi'l wi'aj.
- Lemo rech tasbal' b'aqwachaj
- Jun atz'iyaq rech kkoj ajsik che le lemo rech b'aqwachaj
- Tasbal' chi'aj rech man kuxlab'isax ta ri yab'il k'o pa kaqiq', tasbal' b'im rumal NIOSH (NIOSH Approved®), on jun tasbal' chi'aj N95®.
- Jun ukab' atz'iyaqib'al rech man katch'aq'i taj.
- Jun uwa'aj man kok ta la' le ja' chi upam.
- Jun tasbal' q'ab'aj, jumul kokik, xuquje' utz kkoj jun tasbal' q'ab'aj rech taq le chak chi rij.
- Tasbal' rech nima'q taq xajab' on xaq xuvi ri nima'q taq xajab'.

Pa tag le k'olib'al rech tu'b'al wakax, jawi' le yab'il kriqitaj wi xa pa jun k'olib'al, utz we kkoj jun uwa'aj ruk' ub'ab' xuquje' kka'yixik we man kok ta la' le ja' chi upam

K'o chi na nik'aj b'ixkil (pa inglés) jub'isan chi rij le utzilal chi kech le ajchakib', xuquje' jas kb'an che ukojik, xuquje' resaxik ri jalajoi taq tasbal' (EPP) pa we k'amal: <https://espanol.cdc.gov/bird-flu/prevention/farm-workers.html>. Utz kok apanoq.

Are chi' katchakun kuk' awajib' on ruk' chakub'al, aweta'm chi kuya ne k'o le yab'il kech ajxik awajib' H5N1 chi rij, utz kawil le ach'akul we k'o kuk'ut rib' pa lajuj q'ij k'isbal rech xatk'oji kuk' ri awajib' on xachap jun jastaq.