

TUS KAB MOB QHUA PIAS TAB TOM SIB KIS

Tus kab mob qhua pias tuaj yeem ua rau muaj kev phom sij, tshwj xeeb tshaj yog rau cov me nyuam mos thiab cov me nyuam yaus.

Kev tiv thaiv tus kab mob qhua pias uas zoo tshaj plaws yog tshuaj txhaj tiv thaiv kab mob qhua pias, mob qog thiab tus kab mob rubella (MMR).

Tiv thaiv koj tus kheej, koj tsev neeg thiab koj lub zej zog.

**MUAJ TSHUAJ TXHAJ
TIV THAIV MMR.**

